Pre-Exposure Prophylaxis (PrEP): Fast Facts

Truvada® is the pill we use for PrEP. It is approved by the Food and Drug Administration (FDA) to help prevent HIV infection in men and women at high risk of getting HIV.

- Truvada® is a pill containing 2 medicines (tenofovir + emtricitabine) that can block HIV. It is taken once daily, every day, to help prevent HIV infection.
- It should be used with other HIV prevention methods (for example, condoms).

PrEP can be more than 90% effective if it is used correctly and consistently (every day), with other prevention methods.

- Side effects are uncommon and usually mild.
- PrEP is not likely to interfere with other medications you may be taking. Check with your provider.

Are you at risk of HIV infection?
Consider PrEP if you:

- Are a man who has sex with men (MSM)
- Are a woman or man with opposite-sex partners
- Are a transgender woman or man with male partners
- Are an injecting drug user
- Sometimes do not use condoms with a partner who may have (or is at risk of getting) HIV infection

Is PrEP right for you?

- Talk with your VA health care provider about PrEP and other ways of staying healthy.